

APRIL 2024

Elementary Breakfast

Menu is subject to change.



Breakfast Options Daily:

Assorted Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection or Fresh & Prepared Fruit or 100% juice -1/2 cup servings may take 1 cup

*NY State Non- Fat Milk 8oz



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lcsd.org

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL SPRING RECESS	2 NO SCHOOL SPRING RECESS	3 NO SCHOOL SPRING RECESS	4 NO SCHOOL SPRING RECESS	5 NO SCHOOL SPRING RECESS
8 NO SCHOOL SPRING RECESS	9 Cinnamon Roll 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8 oz	10 Breakfast Pizza 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz	11 Cherry Frudel 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup ----- Milk-8oz	12 Mini Maple Chip Waffles 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup ----- Milk-8oz
15 Donut w/Frosting 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	16 Cinna Mini 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	17 Bagel Breakfast Sandwich w/Egg & Cheese 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz	18 Waffle Mini Maple Madness 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz	19 Blueberry Muffin w/4oz Yogurt 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk -8oz
22 Bagel w/Butter or Cream Cheese 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	23 Cinnamon Toast Filled Bar 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	24 Breakfast Pizza 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	25 Mini Blueberry Waffles 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	26 Pancakes w/Syrup 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz
29 Breakfast Wrap w/Egg and Cheese 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz	30 French Toast Mini Cinna Rush 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup ----- Milk-8oz			