

8th GRADE

Name_____

Period_____

Tennis Homework

10points each

1. After the serve, you hit the ball out of the air without a bounce it is called this. _____
2. A _____ is when you hit the ball on your dominant side of your body.
3. You must serve from behind the _____.
4. There are six _____ in each set.
5. It is called _____ when a game is tied 40-40.
6. When serving the ball, it must go _____ to the other side of the net.

Circle True or False

7. In P.E. class you must win a game by 2 points? TRUE FALSE
8. You are allowed to hit the ball out of the air on a serve? TRUE FALSE
9. Either team may win a point on the serve? TRUE FALSE
10. If the ball lands on the line it is considered good? TRUE FALSE

TENNIS STUDY GUIDE - 8th GRADE

Tennis is a sport usually played between two players ([singles](#)) or between two teams of two players each ([doubles](#)). Each player uses a [racket](#) to strike a tennis ball over a net into the opponent's [court](#). The modern game of tennis originated in the [United Kingdom](#) in the late 19th century as "lawn tennis". After its creation, tennis spread throughout the upper-class English-speaking population before spreading around the world. Tennis is an Olympic sport and is played at all levels of society at all ages. The sport can be played by anyone who can hold a racket.

Serve

must be overhand (Underhand in PE classes)

serve diagonally

from behind the endline

alternate sides after each point is scored

Let Serve - serve that hits the net and goes over. Get a second try.

Scoring

Love - 15 - 30 - 40 - Game

Must win 6 games to win the set

Must win 3 sets to win the match

Either team may win a point on the serve.

Forehand - hitting the ball from the dominant side with the front of your hand facing outward

Backhand - hitting the ball from the non dominant side with the back of your hand facing outwards

Singles - One player vs. one player. Smaller court size. Same scoring system.

Doubles - Two players vs. two players. Bigger court size. Same scoring system.

Deuce - When the score is tied at 40-40.

Volley - Hitting the ball out of the air without a bounce.