

NAME _____ TEST #10 WORK & ENERGY REVIEW SHEET

You need to be able to do the following before taking the test.

Define each of the following in a sentence:

WORK- The product of FORCE and DISPLACEMENT.

ENERGY- The ability to do WORK.

POWER- The rate of doing work.

KINETIC ENERGY- energy of motion.

POTENTIAL ENERGY- energy of position

MECHANICAL ENERGY- sum of PE and KE.

LAW OF CONSERVATION OF ENERGY- The total mech. energy remains constant.

HOOKE'S LAW- The elongation of a spring is directly proportional to the force applied.

SPRING CONSTANT- a measure of the "stiffness" of the spring.

WORK-ENERGY THEOREM- The work done on an object = The Δ kinetic energy of the object.

What is the equation for work? What is it measured in? Is it a vector or scalar? Can it be negative?

$$W = \vec{F} \cdot \vec{d}$$

(Joules)
Scalar

F_{fr} does neg. work.

$$F = k \cdot x$$

Ex. Use Hooke's Law to determine the spring constant (k) of a spring that stretches 5.0 cm (0.050 m) when a mass of 200. grams (0.200 kg) is hung from it. Recall, the units of k will be N/m.

$$F = k \cdot x$$

$$k = \frac{F}{x} = \frac{0.200 \text{ kg} (9.8 \text{ m/s}^2)}{(0.050 \text{ m})} = \underline{39 \text{ N/m}}$$

Ex. Find the change in gravitational PE of a person (70. kg) that runs to the top of a 2.0 meter hill.

$$PE = mgh = 70 \text{ kg} (9.8 \text{ m/s}^2) (2.0 \text{ m}) = 1373 \sim \underline{1400 \text{ Joules}}$$

Ex. Use the Work-energy theorem to solve the following.

What is the average force used to stop a car (m = 800. kg) moving at 20. m/s if it comes to a halt in 10. meters?

$$W = \Delta KE = KE_f - KE_i = 0 - KE_i$$

$$W = 0 - \frac{1}{2} (800 \text{ kg}) (20 \text{ m/s})^2 = \underline{-160,000 \text{ J}}$$

Ex. How much elastic PE is stored in a toy having a spring constant of 75 N/m that is stretched 2.0 cm (0.020 m)?

gotta have negative sign!

$$PE_{\text{spring}} = \frac{1}{2} k x^2 = \frac{1}{2} (75 \text{ N/m}) (0.020 \text{ m})^2 = \underline{0.015 \text{ J}}$$

Ex. A bicyclist starts from rest and coasts down a steep 25 meters high hill. Use conservation of energy to determine their speed at the bottom.

$$PE_1 + KE_1 = PE_2 + KE_2$$

$$mgh_1 = \frac{1}{2} m v_2^2$$

$$v^2 = 2 \cdot g \cdot h_1$$

$$v = \sqrt{2 \cdot g \cdot h_1} = \sqrt{2 (9.8 \text{ m/s}^2) (25 \text{ m})} = \underline{22 \text{ m/s}}$$

Ex. How fast will this same person be traveling at the top of a 1.0 meter high ramp at the bottom of the hill?

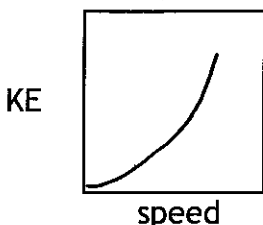
$$PE_1 + KE_1 = PE_2 + KE_2$$

$$mgh_1 = mgh_2 + \frac{1}{2} m v_2^2$$

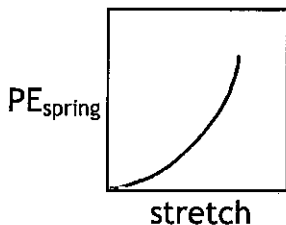
$$9.8 (25 \text{ m}) = 9.8 (1.0 \text{ m}) + \frac{1}{2} v^2$$

$$v = \underline{21.7 \text{ m/s}}$$

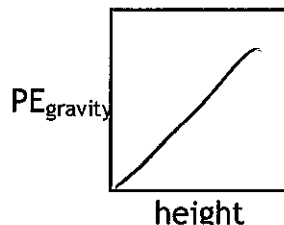
Sketch the graph shape with the relationship that exists between the two variables.



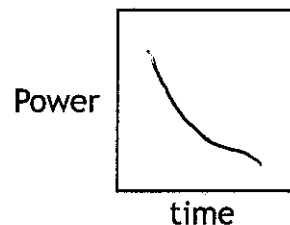
$$KE = \frac{1}{2} m v^2$$



$$PE = \frac{1}{2} k x^2$$



$$PE = mgh$$



$$P = \frac{W}{t}$$